

JANUARY 2022



BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Whole grain Nutrigrain® bar, applesauce, string cheese, 1% milk	4 Whole grain cereal, fruit, 1% milk	5 Whole grain quick bread, yogurt, juice, 1% milk	6 Yogurt, berries, whole grain granola, 1% milk	7 Whole grain soft pretzel, fruit, cheddar cheese, 1% milk
10 Whole grain English muffin with butter and jelly, string cheese, fruit, 1% milk	11 Whole grain cereal, fruit, 1% milk	12 Whole grain banana muffin, yogurt, juice, 1% milk	13 Yogurt, berries, whole grain granola, 1% milk	14 Whole grain soft pretzel, fruit, cheddar cheese, 1% milk
17 NO SCHOOL	18 Whole grain cereal, fruit, 1% milk	19 Whole grain quick bread, yogurt, juice, 1% milk	20 Yogurt, berries, whole grain granola, 1% milk	21 Whole grain soft pretzel, fruit, cheddar cheese, 1% milk
24 Whole grain cinnamon oatmeal, raisins, 1% milk	25 Whole grain cereal, fruit, 1% milk	26 Whole grain banana muffin, yogurt, juice, 1% milk	27 Yogurt, berries, whole grain granola, 1% milk	28 Whole grain soft pretzel, fruit, cheddar cheese, 1% milk
31 Whole grain cinnamon roll, fruit, string cheese, 1% milk				

Bishop John A. Marshall School educates children of all faiths to achieve academic excellence, challenging them to fully develop their God-given talents with commitment to truth, compassion, self-discipline, and love for all, in accordance with the teachings of the Catholic Church.

This institution is an equal opportunity provider

Menu subject to change